

— 8:40pm... “The world is going to wake up in a few hours and its never going to be the same.” Cosmos (watched 6/13/20)

— Diaspore - to scatter when heated

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THE LAND OF BRAND AND ET (stream of consciousness 7/1, 7/2, 7/3 & 7/4 )

Perception

Thought forms

Spiritual outside of self - how perceived, individual perspective outside view.

Like the ego looking at self, that is a false sense of reality. Reality is within, is the self who can look at itself and say, “I love myself” or I “hate myself;” both of which is The Self, as Buddha called it living a reality experience from the outside looking, one where there is complete identification with thoughts had and not with experiences themselves thru observing... and thus evolving. Fantom self vs. actual self, where actualization of the self is achieved through an awakening, a stepping back to the realization, the knowing, the recognition that continuous thoughts had - those identified with as being one’s self - as well as the emotions (or lack thereof) that correspond to those thoughts (like Pavlov’s dog\*) are not who you are at all, but a characterization formulated in one’s mind by the ego, creating a fiction of who you perceive yourself to be in a world you’ve deduced as being what your mind has reduced it into being - all for the benefit of the ego so you can establish a fictional foundation upon which to build your fictional life.

While in this illusionary state of perceived reality you are susceptible to emotions of low and high frequency depending on where you place yourself in that reality. This state of mind can change on a whim, turn on a dime, like a rollercoaster ride that never ends, if you continue to

compare yourself and your created vision of the world... the life you are living to other points of balance and imbalance driven by that state of ego, by “the other” self - the self of agreeable deception. Let me give you an example.

If you are of the mind that “things” in your existence are subject to bias, to influence, to judgement and inference by you, and towards you, you are living in ego. You are a willing participant in the comparative experience of “the other” self. To find flaw in that which exists, in approach, and you seek a (hu)man above reproach you accept

Thusly, the world, the life, the reality you believe to be foundationally sound is as much pure imagination as the transparent, translucent, transcendental truth of the homeless guy on the corner conversing with what appears to be no one. Both believe their perspective of what is is accurate. Both may even be willing to debate the value and condition of that which each have deduced... reduced to a singular truth - their own, the truth of “the other.” (MORE HERE BARBARA)

So what is truth. What is reality. What is the open pathway to evolution and away from revolution of “the other/“ Who am I to say. Who is anyone? Each life journey is one’s own - malleable to his/her own desire, will, and attachment level to this other. What I do feel is fair and just to expel is that we are a force, an essence, an energy signature, that some call consciousness and others a soul. From birth to physical death, that ineffable signature is capped in a matter-based form we refer to as the human body. (MORE)

Wise men, intellectuals.... men and women of science and spiritual beliefs have pondered the questions of existence since there was a man or woman to ponder.

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NOW CONTRAST ABOVE WITH JXX’s “Foundations (for Success) Part 1”

Foundation: The basis or underlying principal for something. For a

house it is the solid ground you build upon.

House, career, life. Putting the solid or immovable stuff at the core and the more dynamic material on top or at the outer edges.

See people build on the stuff that doesn't last. On the flair. On the stuff that moves or is changeable. On the stuff that gets old or goes out of style.

???? I'm the flair. I move. I change. I'm dynamic. Only that immobile cannot evolve. Evolution IS change. Yet, for one living in a world of rules, density, and structural frames of being one can "succeed" in a monetarily based world. Materialism is not good or bad, but remaining tethered to that immobile, to that too firmly grounded is an anchor to this world of form. Pleasures had, yes. Strife and pain had, yes. Spiritual evolution and thus creation through genuine, etheric manifestation, no. Experiences otherworldly, possibly yet limited due to lack of belief, or willingness to open to such possibility. Trade-offs. Choice.

For me peace and free will are sovereign. I have them. I am them. I find them in the void, the zero-point of nothingness, of the all. And I evolve.